



# Miami County THRIVE!



**Every  
Tuesday  
Night 6:30**

***STOP living  
paycheck to...  
paycheck!***

**Dinner and  
Meeting held in  
Osawatomie,  
at United  
Methodist Church  
504 Pacific Ave.  
Every Tuesday  
6:30 – 8 PM**

**CALL or TEXT  
Della Barbosa  
913.755.2162  
Ext. 208 or  
Brandi Lopez  
785.448.3670 or  
Janice Hawley  
913.226.3334**

- Do you find yourself not being able to pay your bills?
- Do you wish you could support your kids better?
- Do you need a more positive outlook on life?
- Would you rather be thriving, instead of just surviving?
- Would you like support in your life to assist you in identifying and achieving your money \$, educational, employment, or relationship goals?



**Ready for a change? If any or all of these things describe you (and your family) & you are tired of just surviving, then come *THRIVE!***



## **Beginning Topics**

- "Survive, Strive, & Thrive"
- Coping Skills
- Manage One's Emotions
- Conflict Management
- Stress Management
- Handling Money \$ Better

**Free Childcare  
and Transportation to the Meeting**

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**<https://m.facebook.com/MiamiCountyThrive/>**